



## Deep Journeys Peru

**Amazon:** May 16-20, 4 days

**Sacred Valley:** May 20-28, 8 days



### Amazon Section

**May 16: Day 0 - Arrival in Peru**

Fly on your own to Lima, Peru. Depending on your arrival time, you may choose to transfer to a hotel for rest.

**May 17:**



**Day 1 - Amazon**

Take a morning flight to Puerto Maldonado where you meet our group, and take a two-hour trip by motorized canoe down the Madre de Dios River to our lodge in the heart of the Tambopata Nature Reserve. Free afternoon to explore the surrounding rainforest or just relax in a hammock or by the pool. Opening evening ceremonies.

Lunch and dinner included.

**May 18:**

**Day 2 - Amazon**

Unwind from the Western pace through meditation and activities at EcoAmazonia. For a remarkable and entertaining adventure, visit Monkey Island with a chance to observe and feed wild monkeys. Afternoon talk introducing key principles of Peruvian spirituality. Opportunity to participate in mystical evening ceremonies with a masterful jungle shaman.

Breakfast, lunch, and dinner included.



**May 19:**



**Day 3 - Amazon**

Guided by a local naturalist, explore the Tambopata jungle, observe wildlife, and learn about medicinal plants and ceremonial customs. Motorized canoe adventure to explore the Gamitama river. Opportunity to participate in mystical evening ceremonies with a renowned jungle shaman.

Breakfast, lunch, and dinner included.

**May 20:**

**Day 4 - Return to Cusco**

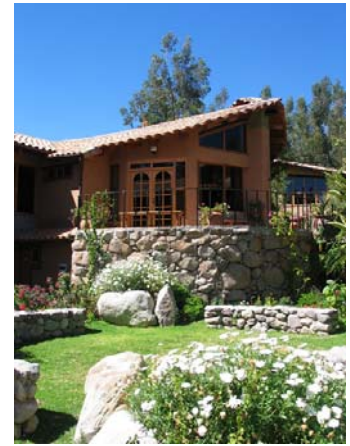
Late morning return by boat and plane to Cusco. Amazon section ends upon arrival to Cusco airport. Participants continuing to the Sacred Valley section will travel by bus to old Cusco for free time to have lunch, shop and explore. Breakfast included.

## Sacred Valley Section

**May 20:**

### **Day 4 - Afternoon in Cusco**

New participants joining us for the Sacred Valley section meet together in Cusco. Afternoon bus to Willka T'ika, our exquisite garden retreat in Urubamba. Willka T'ika, or sacred flower in the Quechua language, is an oasis created specifically for reflection and healing, with soul-soothing accommodations and exceptional vegetarian meals from Willka T'ika's own organic fields. There will be an opportunity to enjoy its lush sacred gardens, soak under the stars in the hot floral baths, or schedule a massage or crystal bath treatment. Dinner included.



**May 21:**



### **Day 5 - Moray & Despacho**

Morning visit to Moray, the ancient Inka crop-laboratory, for meditation. Afternoon unguided time to relax and reflect in Willka T'ika's wonderful gardens, hike to the nearby salt mines of Maras, or visit Urubamba and the outstanding Seminario Ceramics. Evening despacho ceremony with Q'ero shaman from the high Andean mountains.

Breakfast and dinner included.

**May 22:**

### **Day 6 - Ollantaytambo**

Travel to Ollantaytambo to explore a mountainside of archaeological sites and their impressive wisdom teachings. Expect the unexpected as we are fortunate to experience Peru through the eyes and good humor of our master shaman and teacher, Puma Fredy Quispe Singona. Opportunity to participate in mystical ceremony.

Breakfast and dinner included.



**May 23:**



### **Day 7 - Písaq, Temple of the Falcon**

Travel to Písaq for a visit to the Temple of the Falcon and the Condor Mountain with its breathtaking views of the Urubamba river, cliff-hugging footpaths and gracefully curved terraces. Meditation, ceremony and teaching with Jhaimy.

Breakfast and dinner included.

**May 24:**

### **Day 8 - Sacsaywaman, Temples of the Moon and Heart**

Ceremonies have moments of peak experience. Journeys have their point of deepest penetration into the self. This is that day for us. There are no limits to the depth with which you can meet yourself as Jhaimy introduces us to viscerally powerful,



hidden treasures among Sacsaywaman, Temple of the Moon and Temple of the Heart. Opportunity to participate in mystical ceremony.



Breakfast, snack lunch and dinner included.

**May 25:**



**Day 9 - Tipon**

Travel to the sacred water temple of Tipon. Let go, heal and celebrate our transformational journey! Participate in a despacho ceremony and flower blessings with master shaman Don Bernave, followed by a snack lunch among the ancient terraces and outstanding view.

Breakfast, snack lunch and dinner included.



**May 26:**

**Day 10 - Machu Picchu**

Travel by early morning train from Urubamba to spend a day at the famed Inca citadel of Machu Picchu, an unforgettable harmonization of architecture, sacred geometry, and the surrounding pinnacled landscape. Tour the highlights of Machu Picchu with ample time to explore and experience the mountaintop city. Evening train back to our home, Willka T'ika.

Breakfast, snack lunch and dinner included.

**May 27:**



**Day 11 - Markets and Llamas**

Travel to Písaq for a morning visit to its famous open market, and to an esoteric store, Inti Wayra. Visit Awana Kancha, source of perhaps the finest Alpaca textiles in Peru. Feed, pet and photograph adorable llamas and alpacas. Visit the Andean Magic Art gallery of shamanic artist Don Victor

Estrada and his award winning sacred jewelry. Don Victor recovers thousand-year-old ancestral techniques and infuses each piece with shamanic alchemy. Share a farewell dinner in our favorite local restaurant.

Breakfast and dinner included.



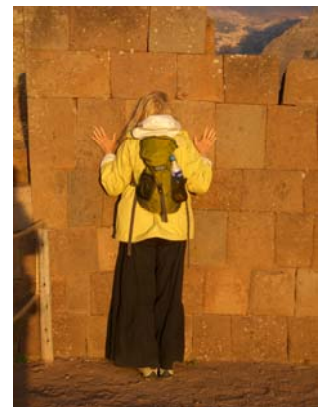
**May 28:**

**Day 12 - Fly Home**

Transfer to the airport for your morning flights to Lima and the USA.



*Please note the itinerary is subject to change. As shamans say, we make our plans but the cosmos may have other plans. In the spirit of adventure and synchronicity, we leave room in our schedule and our hearts for changes that benefit the group.*



**Total Cost:****Intimate Group  
(1 – 8 participants)****Amazon Section Only**  
**Sacred Valley Section Only****\$ 800****\$2,970****Both Amazon & Sacred Valley**  
(You save \$250 by joining us for both sections.)**\$3,520****Single Room Supplement**  
**Amazon Section**  
**Sacred Valley Section****add \$150****add \$550****Included in the Price:**

- Deluxe hotel accommodations, based on double occupancy, as described in the itinerary.
- All ground transportation listed in the itinerary, including Machu Picchu train, airport transfers, and motorized canoe transfer in the Amazon.
- Entrance fees to sacred sites listed in the itinerary.
- All meals listed in the itinerary (all breakfasts, all dinners, and about half of your lunches).
- Despacho and flower blessing ceremonies, and teachings with local shamans.
- Guided walks in the Amazon, Machu Picchu, and other sacred sites.
- Base level tips for driver, guides, shamans and hotel staff.

**Not Included in the Price:**

- Air travel (international and within Peru), airport taxes, and any overnights in Lima.
- Transfers for arrival or departure other than during scheduled group times.
- Meals which are not explicitly listed in the itinerary.
- Wine, beer, soft drinks or other incidental food and beverage beyond the meals provided.
- Individual healing sessions arranged with shamans, and optional mystical ceremonies.
- Personal purchases, phone calls, laundry, and expenses incurred due to missed flights, missed vans, illness, travelers insurance, etc.
- Additional tips you may think appropriate.

**To Sign Up:**

Please contact us for more information at

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 Mill Valley, CA 94941  
 415-944-8519  
[info@mannpartners.com](mailto:info@mannpartners.com)

Reserving a space on the trip requires a \$1,500 deposit (\$800 for those joining us only in the Amazon). Reservations are subject to availability. The maximum group size is 8 people.

**Cancellation Policy:**

If you cancel more than 90 days prior to your trip, we will refund all of your payment minus a \$150 processing fee. If you cancel 60-90 days before your trip, your deposit is non-refundable, but anything beyond that will be returned. Within 60 days of the trip, no refunds are possible. We strongly encourage you to get trip insurance to cover any possibility of cancellation.

**For More Information:**

Contact Wallace or Eva Mann  
 415-944-8519  
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